**Atlas Facebook Frame Instructions**

**Facebook**

1. Go to [www.**facebook**.com/profilepicframes](http://www.facebook.com/profilepicframes).
2. Select the Atlas **frame in English, Spanish or Arabic** from the menu. You can search for the **frames** using these key words:
* English: Atlas of MS frame
* Spanish: Atlas de la Esclerosis Múltiple Marco de Facebook
	+ - * Arabic: أطلس التصلّب العصبي المُتعدّد



1. Adjust the frame to fit your profile picture
2. Click Use as Profile Picture to save

